

# SALT & PEPPER SQUID



Tender pieces of wild caught squid, lightly seasoned in our classic salt and pepper coating and pre-fried for your convenience.

> Product code: 24969 Carton: 5x1kg (block bottom re-sealable bag) Preparation: Deep fry at 180°C for 2 to 3 minutes

For more information please contact your KB Food Co representative or email: fsorders@kailisbros.com.au



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Tender pieces of wild caught squid, lightly seasoned in our classic salt and pepper coating and pre-fried for your convenience.



#### **KEY ATTRIBUTES**

- Pre-fried
- Labour saving no preparation required
- Deep fry or oven bake

#### **PRODUCT / PACKAGING INFORMATION**

- Product Code: 24969
- Inner: 5 x 1kg block bottom re-sealable bag
- Outer: 5kg carton
- Made in China

### **INGREDIENTS**

Squid (70%) (Todarodes Pacificus), Acidity Regulators (330, 331)], Coating (23%) [Wheat Flour, Wheat Starch, Rice Flour, Corn Flour, Egg White Powder, Black Pepper (1.5%), Salt (0.8%), Sugar, Dextrose, Thickeners (1420, 1422, 415), Raising Agents (450,500), Yeast Extract], Soybean Oil.

## NUTRITION INFORMATION

Servings per package: Serving Size:	11 90g (approx. 6 pieces)	
	Average Quantity per Serving 90g	Average Quantity per 100g
ENERGY	894kJ	993kJ
PROTEIN	9.7g	10.8g
FAT TOTAL	13.9g	15.4g
- SATURATED	2.3g	2.5g
CARBOHYDRATE	12.2g	13.5g
- SUGARS	1.5g	1.7g
SODIUM	769mg	854mg

## **COOKING INSTRUCTIONS**

Cook from frozen. Product must be thoroughly cooked prior to consumption.

Deep Fry:

- 1. Preheat frying oil to 180°C.
- 2. Cook for 2-3minutes, until golden brown and fully cooked.

#### **Oven Bake:**

- Preheat oven to 230°C fan forced or 240°C conventional oven.
- 2. Cook for 10 minutes or until golden brown, turning half way.

## **STORAGE INSTRUCTIONS**

Keep Frozen. Store at or below minus 18°C.

### **ALLERGY ADVICE**

Contains Fish, Wheat, Soy and Egg May contain: Milk and Crustacea.



FOR MORE INFORMATION CONTACT YOUR LOCAL KB FOOD CO REPRESENTATIVE OR EMAIL: FSORDERS@KAILISBROS.COM.AU

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